

Mammoplasty - Female Breast Reduction Surgery

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Many women with large, heavy breasts tend to experience physical pain, discomfort, skin irritations, and poor posture. They feel that their ability to lead an active life is significantly impaired because of the weight associated with the excess breast tissue. In addition, they may also have social anxiety, dissatisfaction with their body image and self-consciousness associated with having large breasts.

If you are seeking relief from the physical and emotional symptoms of having large breasts and are looking to improve their size and shape, breast reduction may be right for you. Breast Reduction procedure removes excess breast fat, glandular tissue, and skin and provides an attractive contour that is more proportionate to the rest of your body. The result is lighter and firmer breasts that are more comfortable, natural looking and proportionally appropriate for a woman's figure.

When appropriately selected, patients who undergo breast reduction for macromastia or large breasts, experience partial or complete improvements in neck, back, or shoulder pains, bleeding and scaring secondary to bra straps, and breast rashes and/or infections secondary to excess sweating. Studies have also shown breast reduction to be influential in improving breathing and respiratory function in many cases. In most cases when patient experience symptoms resulting from very large and heavy breasts, health insurance policies cover Breast Reduction.

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